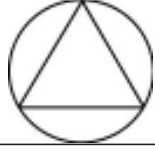


SERENITY NEWS

Lake-Sumter Intergroup Newsletter

JULY 2009



Published by the Lake-Sumter Intergroup (District 7)
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We are asking for contributions of articles, jokes, poems, and any other material or suggestions you have. We especially ask that you provide us with any events your group or district is having so we can inform all about it. Also remember to send in your group member's anniversaries including the date. The deadline for submissions is the first of the month prior to the issue month. For example; the cutoff for the March issue is February 1st. If you have an item you want included in the newsletter please send it via E-mail to serenitynews@gmail.com or call the office at (352)360-0960.

Intergroup Office hours are 10:00 A.M. to 5:00 P.M., Monday through Friday.

This is your Intergroup. Thank You!

Calendar

Wednesday, July 29 thru Sunday August 2, 2009

53rd Florida State Convention

Hyatt Regency Jacksonville Riverfront
225 E. Coastline Dr., Jacksonville, FL 32202
Go to lakesumterintergroup.com for details

Wednesday, July 10, 2009

Intergroup Business Meeting

Intergroup Office, Cottom Plaza
2115-I Citrus Blvd, Leesburg.
6:30 PM

Thursday, July 11, 2009

District 7 Business Meeting

Intergroup Office, Cottom Plaza
2115-I Citrus Blvd, Leesburg.
6:30 PM

Friday, September 11 thru Sunday, September 13, 2009

10th Annual Serenity Weekend Women's Fall Conference

Cocoa Beach Oceanfront Resort
1300 N Atlantic Avenue, Ocean Beach, FL



July is Step Seven Month!

"Humbly asked him to remove our shortcomings."

What is humility? What can it mean to us? The avenue to true freedom of the human spirit. Necessary aid to survival. Value of ego-puncturing. Failure and misery transformed by humility. Strength from weakness. Pain is the admission price to new life. Self-centered fear chief activator of defects. Step Seven is change in attitude which permits us to move out of ourselves toward God.

RELAX AND LET GO

an AA finds a way to make God a working part of her life

I've always needed to believe that God exists, so when I arrived at AA I easily accepted that it was a spiritual program. I believed in God. My problem was in actually using God for anything. I was told to "turn my will and my life over to the care of God," but my ideas about the Higher Power didn't fit that picture. God, to me, was an energy, a force, a part of all of us and the universe, and I just couldn't visualize making "Him" a working part of my life. Kneeling by the bed seemed like an empty gesture. Visualizing handing something to a bearded white guy in the sky didn't sound plausible.

I believed, but how was I going to put my God to work in my life?

Then I remembered a time in my childhood when I was trying to learn how to raise one eyebrow. I could raise the left one, but the right one I couldn't control. I knew there was a muscle there, because the left one went up and down at my will, but I'd never been able to do the right eyebrow. So I concentrated on my

right eyebrow, face muscles twitching until I eventually felt it move. Success!

I tried the same thing with God. I thought about God, the essence, the Creator, the best part of all of us, and thought about how this world works. How the seasons happen, life continues, and balance is restored by letting go.

And gradually, I felt God's presence as I learned to relax the control of my life. Nothing terrible was going to happen if things didn't go exactly the way I thought they should.

As a matter of fact, many times in my life I've been relieved to look back on the things I didn't get. Maybe there is a natural rhythm, and maybe I can spend my best energies in being grateful, rather than planning how I think my life should go.

So these days I use God in my life. I try to be guided by spiritual principles, and give back what has been so freely given.

-Judy S.

Serenity News is published monthly as an informational service to all A.A. members in Central Florida Districts 7. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or Lake-Sumter Intergroup. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



Treasurer's Report

Lake-Sumter Intergroup

NEW MEETINGS and CHANGES

New **Squirrel's Nest Meeting**, Fridays, 7:00 PM, at the New Creations Worship Center, Hwy 301, one block north of CR466, Oxford (O-D).

New **Women's Group**, Saturday, 10:00 AM, at the Community Center, 52 CR527N, (at CR470 across from the Truck Stop), Lk Pannosoffkee (Women Only)

New **Fellowship of the Spirit Meeting**, Monday, 6:00 PM, 101 N Hwy 27, Lady Lake (O-B-Ask It Basket)

New **Paradise Meeting**, Tuesday, 7:00 PM, 9738 US Hwy 441 Suite 103, Leesburg. (O-D)

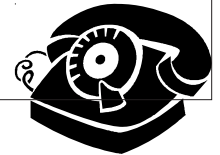
CASH ON HAND- As of May 31, 2009

	May, 2009	April, 2009
Checking/ Savings		
Citizen's First Bank	2,807.90	3,613.10
Savings Account	1,012.12	3,012.12
CD #1	3,923.61	3,923.61
CD #2	600.00	600.00
Undeposited Funds		633.00
Cash Box	51.98	52.79
Petty Cash	45.88	16.69
TOTAL CHECKING SAVINGS	8,289.70	11,046.44
Inventory Asset	10,100.07	6,693.28

GROUP DONATIONS	May, 2009	Year to Date
12 Steps to a New Beginning	111.26	230.90
Altoona Backwoods		85.00
Back to Basics		126.25
Be Good to Yourself		20.00
Bring Your Own Books		190.00
Changing Attitudes		85.00
Came to Believe	68.33	768.33
Corrections	250.00	875.00
District 7	85.00	
Happy Hour		409.70
Intergroup Meeting	24.00	122.00
Joy of Living		220.00
Just for Today		150.00
Keep it Simple		100.00
Lady Lake Breakfast	300.00	300.00
Leesburg Transition Group	125.00	645.00
Living Sober	25.00	125.00
Lunch Bunch		22.00
New Attitudes	250.00	250.00
New Life	171.00	
Noon Serenity Seekers		80.00
Peace of Mind		80.00
Serenity Seekers		495.00
South Lake Women's		16.50
Step Sisters	132.00	227.00
Stepping Stones	524.00	2,119.00
Steps to Serenity		50.00
Surrender is Freedom		50.00
Take it Easy Men's	138.00	298.00
Tavares 12&12		43.85
Today's Woman		145.00
Together We Can		240.00
Triangle Breakfast Group	150.00	500.00
Triple Crown		509.50
Working Together		10.00
TOTAL	2,097.59	10,211.33

INCOME	May 2009	Year to Date
Subscriptions		14.00
Donations		
Groups	2,097.59	10,211.33
Individual	13.34	1,585.10
Int.Sav/CD		1.86
Merchandise Sales	2,314.95	9,820.43
Special Events Income		433.14
TOTAL INCOME	4,425.88	22,065.86
EXPENSE		
Inventory Adjustment		-18.00
Merchandise Purchases	1,731.81	6,827.50
Taxes		486.38
Equip Rental & Maintenance	85.44	598.57
Internet		25.00
Janitorial Services	75.00	375.00
Rent	600.00	3,000.00
Utilities	219.98	797.95
Co-ordinator	1,000.00	4,820.00
Payroll Tax	119.87	554.72
Copies	19.97	184.88
Serenity News	49.00	468.01
Kitchen/Bath		78.12
Office	7.43	646.69
R/M Supplies	55.50	174.44
Answering Service	99.00	396.00
Postage/Mailing Service		16.80
Telephone	199.41	977.16
Sponsored Events		249.79
TOTAL EXPENSE	4,262.41	20,659.01
Net Ordinary Income	163.47	1,406.85

Phone Log May, 2009



AA Meeting Information	73
12-Step Calls	23
AI-Anon Calls	4
N/A Information	1
Other Help Programs	11
Other Calls	51
Visitors	132
Sales	95
Total	390



Lake-Sumter Intergroup Happenings

**Jim B., office manager, needs volunteers to man the phones at Intergroup.
Hours are 10:00 am to 1:00 pm or 1:00pm to 5:00pm
Please call Intergroup at (352)360-0961 for details**

July 1, Big Books and Twelve and Twelve's increased in price by \$2.

Unity Committee

This committee has been visiting groups with copies of the Serenity News in hand. They have answered many questions about Intergroup's function, policy, and procedures. The *UNITY PICNIC* committee has been meeting. A new location has been acquired.

The UNITY PICNIC will be at the Umatilla Community Center, Saturday September 19th.

Merchandise Committee

Book covers have been added to our inventory. Soon, greeting cards that pertain to our particular experiences will be available.

Newsletter Committee

The Committee has grown to four members. However, help is always needed. We are soliciting articles from you, particularly those related to the Step and the Tradition of the month. Next month the concentration will be on Step 8 and Tradition 8. Please send us your stories about your experiences with the 8th Step or Tradition.

Our email address is: serenitynews@gmail.com

Your article should be in by the 23rd of July to appear in the August edition. Jokes, articles, poems, etc are all welcome.

Service Committee

We believe the Radio Road Presbyterian Church is available for our Christmas Party. There will be an information meeting for anyone interested in helping out. The meeting will be sometime in September. If you are interested, call the office (352) 360-0960

email: intergroup@embarqmail.com

12Step Relay Committee

No report this month.

Website Committee

The website has added much new information for AA members and groups in the area. The committee wants to list events of the individual groups. Please submit this information by e-mail (intergroup@embarqmail.com) or call (352)250-8868. We want to let others know about your events.

District 7

A section of the Serenity news is available to provide the District's information to members and groups alike. Please forward any requests to intergroup@embarqmail.com or call 352-360-0960.

May Attendees: 12 Steps to a New Beginning, Bring Your Own Book, Came to Believe, District 7 Liason, Fl Conf of Young People, Keep it Simple, Lady Lake Breakfast Group, Living Sober Group, Morrison Wednesday Night, Mt. Dora Literature Discussion, New Attitudes, Step Sisters, Stepping Stones, Surrender is Freedom, Take it Easy Men's Group, Triangle Breakfast, Triple Crown, We Can Fly, and Your Place.

Community Contributions

SINGLENESS OF PURPOSE SEMINAR

Anyone lucky enough on the morning of June 20th to escape the summer heat in the air-conditioned comfort of the Tavares Civic Center was fortunate indeed to participate in the "Singleness of Purpose" Workshop presented by Glenn and Cecilia.

They utilized The Twelve Traditions (The Long Form) because of the emphasis on the spiritual significance of the traditions and stated that freedom from alcohol is the sole purpose of a group. Any other objective has always failed.

Our singleness of purpose (Tradition Five) states: "Each Alcoholics Anonymous group ought to be a spiritual entity *having but one primary purpose*—that of carrying its message to the alcoholic who still suffers." The presenters stressed that there should be no criticism of A.A. members who volunteer to do service work, that mutual love and respect should dominate the spirit of a group, and, in the spirit of unity, no "grenades" should be thrown. The cornerstone is courtesy. The presenters said that regardless of the "quality" of the job performance of the alcoholic who is volunteering, our response should always be "Thank you for your service."

What impressed me was the idea of an A.A. group existing as a spiritual entity which results from the group conscience. The group conscience lifts all problems out of the realm of personalities and raises them to the level of the single-minded purpose of the group within the framework of the traditions.

Procedures were described which a group can apply to avoid or alleviate problems. For example, written position descriptions that include length of sobriety for various officers based on the A.A. Service Manual as well as what is generally expected for the position guide A.A. members who volunteer to do service work. These don't need to be much more than a sentence or two. Guidelines which come from the group conscience create a learning atmosphere rather than a critical one. To quote the presenters, "No one person, or even two or three people, can speak for the group. Only the group conscience can speak for the group through the voice of a member."

There is an important exception. If there are no guidelines, no one person or group of people can invent them as they go along. Criticism is to be avoided because it has the power to destroy the spirit and unity of the group...and, from The Twelve Concepts, "Nothing should be personally punitive."

Our singleness of purpose described in Tradition One says, "Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close behind."

Dottie E.



The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God.

- p76 Twelve and Twelve

Do I Have To Do It?

My emotions can be very deceiving at times and can actually blind me from seeing the truth. I remember when I first started going to meetings. There were a lot of times that I didn't feel like going. I didn't feel like working the Steps. I didn't feel like calling my sponsor. I didn't feel like sharing in meetings. Do I have to? Then I was asked, "Do you feel like getting drunk?" That stopped me cold. It's not about how I'm feeling. It's about living life on life's terms and being of maximum service to God and others. When Bill W. reached out to another drunk, it was because he felt like drinking. He put his feelings aside to stay sober.

Cheryl O.

SEVENTH STEP PRAYER

"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen"

In the Big Book the seventh step is described in one paragraph. This one paragraph can change our lives. Humbling myself before my creator is a natural action.

Being in the program several years, I have taken this step frequently. Did my higher power remove these defects and shortcomings? Sometimes I wonder! When experiencing peace and serenity I feel cleansed in the spirit. The defects and shortcomings of my drinking days are gone, but have I acquired new ones? Such as taking other peoples inventories, sins of pride, anger and rage in traffic? When this happens I pray asking God to remove these feelings and become calm, In Short the seventh step.

Soon after I feel a clear Chanel open up to my Higher Power. This Chanel had been closed with self-centered fear, pain, weakness, guilt etc. By taking the seventh step I was able to rid myself of this bondage.

The question was asked, "Is what you are doing conducive to good sobriety?" at an AA meeting many years ago, and it has remained with me. My higher power activates this inner voice whenever I am not practicing these principles in all my affairs. We are not saints! Frequently I ask myself How can I behave in such a manner even with many years of sobriety? Are these new defects of character? Back to the seventh step prayer. We cannot enjoy the fruits and gifts of the following steps if we are unable to take the seventh. We cannot receive gifts with clenched fists. Let go and let God.

I strongly believe the seventh step is the beginning of the spiritual awakening we hear about in the twelfth. We opened this Chanel to God by eliminating the garbage that clogged it. The Spirit in us begins to stir. the same spirit we choked with booze and drugs. Quoting Scott Peck "AA and the twelve steps is the greatest thing to come out of the 20th century." I agree. The seventh step prayer opens doors to freedom.

Sometimes I feel that my character defects are still within me, but remain inactive. Maybe that is removal. I will put my arm around them and take them to the grave. It is a simple program. Trust God, Clean house and help others.

Phil G

Seventh Step

I am blessed in my sobriety to have received a gift of pain inside of my skull. Perhaps it comes from a nearly constant furrowed brow or the exhaustive efforts of planning and directing my will across a vast landscape of other people, places, and things. Because my level of control seems to be nearly always tenuous, there are times when you'd think I would have to give up controlling the show entirely. Some would call this a flaw, and while it is that, I'd rather call it my true nature if left to my own devices. Diseased and deadly, when I'm blinded by these defects it's like waiting for something cunning, baffling, and powerful to enter the ring and beat me senseless.

However, when I go to a meeting, call my sponsor, pray (especially saying the Seventh Step Prayer), and try to help others, the pain disappears. Not only am I protected from a drink for 24 hours, but I also get some relief for the head/spiritache. I get some serenity, make better decisions, and lose some selfishness and self-centeredness. In short, my ego doesn't get the chance it once had to beat the heck out of me. Really, the price I pay for comfort is negligible when I see the benefit of surrendering "all of me."

When one of my character defects pops up, I have learned what to do. It's in the steps. I write down the source of my resentment or spiritual frustration. Whatever it is that I think is causing the problem, it goes down on paper. After listing the cause, what it affects, and my part in the matter, I discuss the whole spot-inventory with someone (usually my sponsor or a friend in the program). After seeing how crazy my character defects involved have made me, I'm usually willing for them to be removed, so I go on and ask God to perform the removal. There are some times when an amend is in order, and I have to go on and do that, too (not my favorite part, I'll be honest). I find that if I skip any of these steps, I usually see the defect return very quickly and I go back to being in pain. When I follow the steps, I usually get to forget about my troubles and live a better life. Sometimes I even get the opportunity to help others with similar ordeals.

Like Bill W. wrote, the AA way is "simple; but not easy. A price had to be paid. It meant the destruction of self-centeredness." I can choose to do the simple things that help me stay sober, feel better, and live better, or I can have some more pain. The Seventh Step gives me an out from the biggest source of pain: myself.

PINK CLOUD

How did this ever happen to me?
It still remains a mystery.
Life was becoming very strange,
I knew there had to be a change.

Desperate to restore my peace of mind,
I searched and searched, I had to find,
All information I possibly could,
To talk with someone who understood.

Soon to discover I was not alone.
And wouldn't have to try this on my own.
There are people around who really care,
With much to offer and so much to share.

"One day at a time" is the key.
At least that's what works for me.
I've come to believe every day, each hour,
the existence of my "Higher Power".

If I should touch only one person's heart,
And help them with a brand new start,
By introducing them to AA,
I have accomplished something important that day.

Today there's less struggle "out on that limb",
Because I've found "God, as I understand him".
I have peace of mind, I laugh out loud,
As I sit upon my own "Pink Cloud"!

Sue R.

Bill's Corner

Letters Reprinted From the Archives

The Next Frontier: Emotional Sobriety

I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA—the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance—urges quite appropriate to age seventeen—prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living—well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious—from which so many of our fears, compulsions and phony aspirations still stream—be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones—folks like you and me—commencing to get results. Last autumn [several years back - ed.] depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect.

I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis Prayer... "It's better to comfort than to be the comforted." Here was the formula, all right. But why didn't it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence - almost absolute dependence - on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression.

There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away. Because I had over the years undergone a little spiritual development, the absolute quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life.

(Continued P 6)

Bill's Corner Continued

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies. For my dependency meant demand—a demand for the possession and control of the people and the conditions surrounding me. While those words "absolute demand" may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says "To the devil with you," the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his

one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product—the extra dividend of giving without any demand for a return.

The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive.

Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety.

Of course I haven't offered you a really new idea—only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

Bill W.

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Sometimes Jack took
his WILL back...

District 7 News

Looking to start a **Young People's Meeting** in the area. If anyone is interested, please contact:

Meagn G (941)726-5236 or

email: serenitynews@gmail.com

Also, still seeking submissions for next month's newsletter. Please send any stories concerning step/tradition 8 to serenitynews@gmail.com

Other News/Events

Flyers are available in the office or on the website (lakesumterintergroup.com). You can download the flyers from the website or call (352) 360-0960 for more information.

UNITY DAY PICNIC

Saturday September 19, 2009 11am-2pm

Gwinn Cadwell Park

TICKETS \$3.00

Includes: Burgers, Dogs, Sides, Dessert, and Beverages

Speaker at 1pm (Tom A, Deland FL) 50/50 Raffle

Tickets available through your group GSR, Intergroup Rep, and at the Lake Sumter Intergroup Office (352) 360-0960

32 ANNUAL CORNHUSKER ROUNDUP

August 20, 21, 22, and 23 2009

visit www.AA-cornusker.org

65th SOUTHEASTER CONFERENCE & AREA 1-54 ANNUAL CONVENTION

August 13-16 2009

visit www.riverviewmobile.com

GEORGIA'S GOLDEN GEM JEKYLL ISLAND 12TH GRATITUDE WEEKEND

November 6, 7, and 8 2009

for more information email ray@jekyllislandaa.com

A VISION FOR YOU

July 31- August 2 2009

visit www.gemstateroundup.com

BEYOND SOBRIETY ROUNDUP

March 26-March 28, 2010

Life Enrichment Center, Fruitland Park FL

Tickets \$35-\$200

Includes: Awesome Speakers, Sunrise Meetings, Ice Cream Social, Workshops, Fellowship and Hospitality

For Ticketing Information contact Lake Sumter Intergroup for flyer or contact (352) 504-1953 or (352) 348-9271



July Birthdays

12 STEPS TO NEW BEGINNING

Bob T. 07/30/90 19 years
Mark C. 07/25/07 2 years

ACCEPTANCE (LAKE PAN)

Norm C. 07/09/02 7 years

BACK TO BASICS

Neil H. 07/01/03 6 years

CAME TO BELIEVE

Lydia F. 07/25/92 17 years
Nora S. 07/05/05 4 years

CLERMONT GROUP

Dick M. 07/19/91 18 years
Dale C. 07/05/93 16 years

CLERMONT LUNCH BUNCH

Marjorie 07/12/92 17 years

EASY DOES IT (GROVELAND)

Cheri F. 07/01/95 14 years

EVERY MONDAY BIG BOOK

Cathy G. 07/04/77 32 years

HAPPY HOUR

David H. 07/07/06 3 years
Michael H. 07/18/06 3 years

IN BETWEEN GROUP

Allen E. 07/30/76 33 years

JOY OF LIVING

Randall C. 07/23/77 32 years
Jack M. 07/27/83 26 years

KEEP IT SIMPLE

Ralph F. 07/25/02 7 years

LADY LAKE BREAKFAST

Lorraine 07/04/69 30 years
Ilene H. 07/26/80 29 years
Margaret W. 07/31/81 28 years
Kathy R. 07/03/87 22 years
Maryanne 07/21/87 22 years
Tom B. 07/23/93 16 years

LEESBURG WEDS. NIGHT

Dale Y. 07/05/61 47 years
Bill W. 07/21/81 28 years
Ernie M. 07/18/85 14 years
Janis T. 07/14/89 20 years
Don S. 07/21/94 15 years
Tammy C. 07/27/99 10 years

LEESBURG TRANSITIONS

Phil G. 07/06/85 24 years
Jay S. 07/14/96 13 years
Carol G. 07/22/98 11 years

LIFESAVERS

Jackson S. 07/27/95 14 years
Curtis L. 07/11/97 12 years
Julio C. 07/21/99 10 years

LIVING SOBER

Ted B. 07/10/93 16 years
Gary F. 07/23/96 13 years

Maureen C 07/24/64 45 years
Randall 07/23/77 32 years
Butch 07/28/08 1 year

LOVE & TOLERANCE

Rudy G. 07/16/76 33 years
Helen D. 07/27/80 29 years

LUNCH BUNCH

Jeanne G. 07/12/79 30 years

MORNING EYE OPENER

Angela Z. 07/21/05 4 years
Rick P. 07/28/06 3 years

MT. DORA. LIT. STUDY

Lynne F. 07/24/92 17 years
Patti T. 07/23/04 5 years

NEW ATTITUDES

Alice McA, 07/22/76 33 years
Ilene H. 07/26/80 29 years
Bonnie C. 07/01/06 3 years

REBOS GROUP

Sammy J. 07/30/97 12 years
Castro D. 07/18/98 11 years
Roman T. 07/10/99 10 years
Daniel D. 07/22/99 10 years

SERENITY SEEKERS

Carol J. 07/09/04 5 years

SOBER FOR LUNCH BUNCH

Vanessa B. 07/13/02 7 years

SOUTH LAKE WOMEN'S

Barb M. 07/04/92 17 years

STEPPING STONES

Randall C. 07/23/77 32 years
Terri E. 07/05/92 19 years
Dawn D. 07/28/90 9 years
Tracy S. 07/02/94 5 years
James E. 07/06/96 3 years

TAKE IT EASY MEN'S

Don S. 07/21/94 5 years

TAKE IT EASY WOMEN'S

Donna R. 07/21/74 35 years
Margaret W. 07/31/81 28 years
Lynne G. 07/24/92 17 years

TAVARES 12 & 12

Frank P. 07/13/89 20 years

TOGETHER WE CAN

Chuck H. 07/24/92 17 years
Wayne H. 07/09/96 13 years
Cheryl H. 07/31/01 8 years
Linda R. 07/10/02 7 years

TRIANGLE BREAKFAST

Elizabeth H. 07/10/07 2 years
Irene C. 07/18/97 12 years
Lynne F. 07/24/92 17 years
Susan M. 07/05/06 3 years

UMATILLA BACKWOODS GROUP

Clair R. 07/06/92 17 years

WORKING TOGETHER

Ted B. 07/10/93 16 years
Klaus B. 07/02/96 13 years

YOUR PLACE

Staci W. 07/02/99 10 years
Millie S. 07/27/02 7 years

Volunteers are needed!

We are currently seeking volunteers for the 12-Step list for incoming calls on the 24-hour answering service. For these calls, the service will call you and give you the crisis callers name and phone number for you to call back.

If you would like to serve in this Primary Purpose service and give back some of what was given to you, complete and return the form to the address listed below. You will be contacted by our volunteer coordinator; or call 352-360-0961 or e-mail intergroup@embarqmail.com

Name:

Address:

City/St/Zip:

Area Code/Phone:

E-mail:

Please return the completed form to:

Volunteers, Lake-Sumter Intergroup
2115-I Citrus Blvd.
Leesburg, FL 34748

Would you like a copy of Serenity News mailed to your home each month?

Single copy monthly

\$7.00 per year

Clip and mail to, and make check out to:

Name and address where you want to receive Serenity News:

Lake-Sumter Intergroup
2115-I Citrus Blvd.
Leesburg, FL 34738

Name _____

Street/P.O. Box No. _____

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Lake-Sumter Intergroup
2115-I Citrus Blvd.
Leesburg, FL 34748

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